

# Development Sheet

<b>Product description</b>	Multi Women TB
<b>Dosage form</b>	Film Coated Tablet
<b>Customer</b>	Body en Fit
<b>Date</b>	14-8-2020

Composition per dosage unit	Weight		Total	Overage(%)	RDA(%)	Safety Ingredient	Weight
Vitamin B11	300,0000	µg			150,0	3,3 pteroylmonoglutamic acid 10% Maltodextrine	3,0000 2,7000
						Folic acid	0,3000
Vitamin B2	4,2000	mg			300,0	47,6 Riboflavin 100	4,2000
Vitamin B3	48,0000	mg			300,0	31,3 Nicotinamide	48,0000
Vitamin B5	18,0000	mg			300,0	55,6 Calcium pantothenate	19,5629
Vitamin C	200,0000	mg			250,0	5,0 Ascorbic acid 97% Vitamin C	206,1856 200,0000
						Hypromellose (E464)	6,1856
Biotin	80,0000	µg			160,0	Biotin 2% Microcrystalline cellulose (E460 (ii))	4,0000 3,9200
						Biotin	0,0800
Vitamin A	99,9960	µg RE	799,9960		100,0	1,5 Beta carotene 10% Corn starch (maize)	6,0000 5,4000
						Beta-carotene	0,6000
Vitamin A	700,0000	µg RE	799,9960		100,0	1,5 Retinyl palmitate 250.000IU/g	9,3209
Vitamin B1	3,3000	mg			300,0	Thiamine HCl	4,1947
Vitamin B12	12,0000	µg			480,0	250,0 Methylcobalamine	0,0130
Vitamin B6	4,2000	mg			300,0	5,0 Pyridoxal 5 Phosphate	6,8995
Vitamin D3	20,0000	µg			400,0	3,8 Cholecalciferol 100ie/mg Maltodextrine	8,0000 3,6600
						Starch modified (E1440)	2,8800
						Sucrose	1,0000
						Vegetable oil	0,2800
						Tocopheryl	0,1600
						Vitamin D3	0,0200
Vitamin E	20,0000	mg α-TE			166,7	40,0 D-alfa-Tocopheryl succinate	24,6199
Chromium	25,0000	µg			62,5	8,0 Chromium picolinate 12%	0,2033
Iron	14,0000	mg			100,0	1,4 Iron fumarate 90% coated Iron fumarate	45,9016 41,3115
						Ethylcellulose (E462)	3,6721
						Tricalcium phosphate (E341(iii))	0,9180
Manganese	1,0000	mg			50,0	20,0 Manganese citrate deca-hydrate	4,3879
Molybdene	65,0000	µg			130,0	4,6 Sodium molybdate dihydrate	0,1638
Selenium	50,0000	µg			90,9	4,0 Seleniummethionine 5000mcg/g	10,0000
Calcium	120,0000	mg			15,0	20,8 Calcium tricitrate 4AQ	570,6134
Copper	1,000,0000	µg			100,0	8,0 Copper gluconate 14%	7,1429
Magnesium	56,2500	mg			15,0	4,4 Magnesium citraat anhydrous	360,7157
Zinc	10,0000	mg			100,0	2,5 Zinc gluconate	78,1250
Betaine HCL	4,5000	mg				Betaine HCl	4,5000
Coenzym Q10	17,5000	mg				Coenzym Q10	17,5000
Lactase	4,5000	mg				Lactase	4,5000
Bromelain	4,0000	mg				Bromelain 2000GDU Bromelain	5,7143 4,0000
						Maltodextrine	1,7143
Iodide	150,0000	µg			100,0	1,0 Potassium iodide 5% Microcrystalline cellulose (E460 (i))	3,9267 3,4555
						Dicalcium phosphate (E341 (ii))	0,2749
						Iodide	0,1500
						Potassium	0,0463
Lycopene	2,5000	mg				Lycopene 95%	2,6316
Papain	4,5000	mg				Papain	4,5000
Acai Extract	15,0000	mg				Acai Extract	15,0000
Aloe ferox extract	10,5000	mg				Aloe ferox extract	10,5000
Bilberry fruit powder	10,0000	mg				Bosbes blauw poeder	10,0000
Black pepper powder	7,5000	mg				Black pepper powder	7,5000
Chlorella	15,5000	mg				Chlorella	15,5000
Cranberry extract	29,5000	mg				Cranberry extract	29,5000
Curcumin powder	25,0000	mg				Curcumin powder	25,0000
Ginkgo biloba extract	10,5000	mg				Ginkgo biloba extract 24/6	10,5000
Ginseng panax root extract	15,5000	mg				Ginseng panax extract 5%	15,5000
Green tea extract	10,5000	mg				Green tea extract 50%	10,5000
Melissa leaf powder	25,0000	mg				Melissa leaf powder	25,0000
Rhubarb powder	10,0000	mg				Rhubarb powder	10,0000
Spirulina powder	15,5000	mg				Spirulina powder	15,5000
Grape seed extract	10,0000	mg				Grapeseed extract 95%	10,0000
Pomegranate fruit extract	3,5000	mg				Pomegranate PE 4:1 Maltodextrine	10,0000 6,5000
						Pomegranate fruit extract	3,5000
Rhodiola root extract	15,5000	mg				Rhodiola root extract	15,5000
						<b>Excipients</b>	
						Beeswax (E901)	0,0085
						Calcium carbonate (E170)	40,7200
						Carnaubawax (E903)	0,0015
						Glycerol (E422)	2,6998
						Hydroxy propyl cellulose (E463)	25,0000
						Hydroxy propyl methyl cellulose (E464)	27,4953
						Iron oxide red (E172)	0,0434
						Iron oxide yellow (E172)	0,0483
						Magnesium stearate (E470b)	20,0000
						Microcrystalline cellulose (E460 (i))	140,0000
						Rice starch	50,0000
						Silicon dioxide (E551)	13,5839
						Stearic acid (E570)	35,0000
						Talc (E553b)	8,9659



# Development Sheet

<b>Product description</b>	Multi Women TB
<b>Dosage form</b>	Film Coated Tablet
<b>Customer</b>	Body en Fit
<b>Date</b>	14-8-2020

<b>Ingredients</b>	Calcium citrate, Magnesium citrate, L-Ascorbic acid, Microcrystalline cellulose (Bulking agent) (E460 (ii)), Zinc gluconate, Rice starch, Nicotinamide, Iron fumarate, Calcium carbonate (Colour) (E170), Stearic acid (Anti caking agent) (E570), Cranberry extract, Hydroxy propyl methyl cellulose (Glazing Agent) (E464), Hydroxy propyl cellulose (Glazing Agent) (E463), Curcumin, Melissa leaf, Tocopheryl acid succinate, Magnesium stearate (Anti caking agent) (E470b), Calcium D-pantothenate, Coenzym Q10, Chlorella, Ginseng panex root extract, Rhodiola root extract, Spirulina, Acai Extract, Silicon dioxide (Anti-caking agent) (E551), Aloe ferox extract, Ginkgo biloba extract, Green tea extract, Grape seed extract, Selenium methionine, Bilberry powder, Pomegranate fruit extract, Rhubarb powder, Retinyl palmitate, Cholecalciferol, Black pepper, Copper gluconate, Pyridoxal 5 Phosphate, Beta-carotene, Bromelain, Papain, Betaine HCL, Lactase, Manganese citrate, Riboflavin, Thiamine Hydrochloride, Biotin, Potassium Iodide, Folic acid, Glycerol (Humectant) (E422), Lycopene, Chromium picolinate, Sodium molybdate, Iron oxide (Colour) (E172), Methylcobalamin, Beeswax (Glazing Agent) (E901), Carnaubawax (Glazing Agent) (E903)
--------------------	--

<b>Physical properties</b>											
<b>Safety</b>	<table> <tr> <td>Maximum allowed daily units</td> <td>1,0</td> </tr> <tr> <td colspan="2">(calculated in accordance to the Dutch law and Dutch branche organisations for foodsupplements (NPN) standards)</td> </tr> <tr> <td>Average weight</td> <td>2.063,6 mg</td> </tr> <tr> <td>Shape</td> <td>22.3x10.8mm Oval</td> </tr> <tr> <td>Coating color</td> <td>Pink</td> </tr> </table>	Maximum allowed daily units	1,0	(calculated in accordance to the Dutch law and Dutch branche organisations for foodsupplements (NPN) standards)		Average weight	2.063,6 mg	Shape	22.3x10.8mm Oval	Coating color	Pink
Maximum allowed daily units	1,0										
(calculated in accordance to the Dutch law and Dutch branche organisations for foodsupplements (NPN) standards)											
Average weight	2.063,6 mg										
Shape	22.3x10.8mm Oval										
Coating color	Pink										
<b>Nutritional values</b>	<table> <tr> <td>Energetic value</td> <td>948,42 kJ/100g</td> </tr> <tr> <td>Energetic value</td> <td>226,48 kcal/100g</td> </tr> <tr> <td>Total carbohydrates</td> <td>4,16 g/100g</td> </tr> <tr> <td>Protein</td> <td>0,40 g/100g</td> </tr> <tr> <td>Total fats</td> <td>2,69 g/100g</td> </tr> </table>	Energetic value	948,42 kJ/100g	Energetic value	226,48 kcal/100g	Total carbohydrates	4,16 g/100g	Protein	0,40 g/100g	Total fats	2,69 g/100g
Energetic value	948,42 kJ/100g										
Energetic value	226,48 kcal/100g										
Total carbohydrates	4,16 g/100g										
Protein	0,40 g/100g										
Total fats	2,69 g/100g										

<b>Additional information</b>
Suitable for vegetarians

Without product specific stability tests no reliable information can be given about chemical, microbiological and galenical stability of the product; as no estimation of possible interactions between components of the product, influence of the packaging and the conditions on the market may be made with acceptable accuracy. The product will be produced and/or packaged according HACCP guideliness in an approved GMP facility.

Shelf life : To be filled in by customer : 24 months.

Approved by Customer      Date : 02/ 09/ 2020      Name : Szabina Pal      Signature 

# Allergen overview

<b>Product description</b>	Multi Women TB
<b>Dosage form</b>	Film Coated Tablet
<b>Customer</b>	Body en Fit
<b>Date</b>	14-8-2020

Solipharma offers herewith an allergen overview for the above mentioned product.

List of allergens	Contains Allergen ?	Declaration on the label	Ingredient
Celery and products thereof.	No	No	not applicable
Cereals containing gluten an products thereof.	No	No	not applicable
Crustaceans and products thereof.	No	No	not applicable
Eggs and products thereof.	No	No	not applicable
Fish and products thereof.	No	No	not applicable
Lupin and products thereof.	No	No	not applicable
Maltodextrin from gluten containing cereals	No	No	not applicable
Milk and products thereof (including lactose).	No	No	not applicable
Molluscs and products thereof.	No	No	not applicable
Mustard and products thereof.	No	No	not applicable
Nuts and products thereof.	No	No	not applicable
Peanuts and products thereof.	No	No	not applicable
Sesame seeds and products thereof.	No	No	not applicable
Soybeans and products thereof.	No	No	not applicable
Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg.	No	No	not applicable

QA manager