

# Development Sheet

<b>Product description</b>	Sports Multi TB Body & Fit
<b>Dosage form</b>	Film Coated Tablet
<b>Customer</b>	Body en Fit
<b>Date</b>	18-6-2020

Composition per dosage unit	Weight	Total	Overage(%)	RDA(%)	Safety Ingredient	Weight
Vitamin B11	200,0000 µg			100,0	5,0 pteroylmonoglutamic acid 10% Maltodextrine Folic acid	2,0000 1,8000 0,2000
Vitamin B2	1,4000 mg			100,0	142,9 Riboflavin 100	1,4000
Vitamin B3	16,0000 mg			100,0	93,8 Nicotinamide	16,0000
Vitamin B5	6,0000 mg			100,0	166,7 Calcium pantothenate	6,5210
Vitamin C	80,0000 mg			100,0	12,5 Ascorbic acid 97% Ascorbic acid Hypromellose (E464)	82,4742 80,0000 2,4742
Vitamin A	800,0000 µg RE			100,0	1,5 Retinyl acetat 500 ie Gelatin Starch modified (E1440) Vitamin A Buthylhydroxytoluene (E321) Sodium aluminium silicate (E554)	5,3280 3,1968 1,1181 0,8000 0,1066 0,1066
Vitamin B1	1,1000 mg			100,0	Thiamine HCl	1,3982
Vitamin B12	2,5000 µg			100,0	1.200,0 Cyanocobalamin 1% Mannitol Vitamin B12	0,2500 0,2475 0,0025
Vitamin B6	1,4000 mg			100,0	15,0 Pyridoxine HCl	1,7022
Vitamin B8	50,0000 µg			100,0	Biotin 2% Microcrystalline cellulose (E460 (ii)) Biotin	2,5000 2,4500 0,0500
Vitamin D3	5,0000 µg			100,0	15,0 Cholecalciferol 100ie/mg Maltodextrine Starch modified (E1440) Sucrose Vegetable oil Tocopheryl Cholecalciferol	2,0000 0,9150 0,7200 0,2500 0,0700 0,0400 0,0050
Vitamin E	12,0000 mg α-TE			100,0	66,7 D-alfa-Tocopheryl succinate	14,7720
Chromium	20,0000 µg			50,0	10,0 Chromium III chloride 6AQ	0,1025
Iron	7,0000 mg			50,0	2,9 Iron fumarate 90% coated Iron fumarate Ethylcellulose (E462) Tricalcium phosphate (E341 (iii))	22,9508 20,6557 1,8361 0,4590
Manganese	1,0000 mg			50,0	20,0 Manganese citrate deca-hydrate	4,3879
Molybdene	50,0000 µg			100,0	6,0 Sodium molybdate dihydrate	0,1260
Selenium	55,0000 µg			100,0	3,6 Seleniummethionine 5000mcg/g Microcrystalline cellulose (E460 (ii))	11,0000 10,8625
Calcium	200,0000 mg			25,0	12,5 Calcium carbonate DC Calcium carbonate (E170) Maltodextrine	555,5556 500,0000 55,5556
Copper	1.000,0000 µg			100,0	8,0 Copper gluconate 14%	7,1429
Magnesium	93,6000 mg			25,0	2,7 Magnesium oxide DC Calcium carbonate (E170)	161,8565 0,8093
Zinc	5,0000 mg			50,0	5,0 Zinc citrate dihydrate	16,0256
Betaine HCL	6,5000 mg				Betaine HCl	6,5000
Carnitine L tartrate	25,0000 mg				Carnitine L tartrate	25,0000
Lactase	6,5000 mg				Lactase	6,5000
Arginin	17,5000 mg				131,4 Arginine L base	17,5000
Bromelain	6,5000 mg				Bromelain 2000GDU Bromelain Maltodextrine	9,2857 6,5000 2,7857
Iodide	150,0000 µg			100,0	1,0 Potassium iodide 5% Microcrystalline cellulose (E460 (ii)) Dicalcium phosphate (E341 (ii)) Iodide Potassium	3,9267 3,4555 0,2749 0,1500 0,0463
Papain	6,5000 mg				Papain	6,5000
Ginseng panax root extract	25,0000 mg				Ginseng panax extract 5%	25,0000
Green tea extract	17,5000 mg				Green tea extract 50%	17,5000
					<b>Excipients</b>	
					Beeswax (E901)	0,0085
					Calcium carbonate (E170)	24,0872
					Carnaubawax (E903)	0,0015
					Glycerol (E422)	1,6899
					Hydroxy propyl methyl cellulose (E464)	10,3177
					Iron oxide yellow (E172)	2,3708
					Magnesium stearate (E470b)	10,0000
					Microcrystalline cellulose (E460 (ii))	156,7943
					Silicon dioxide (E551)	10,0000

**Ingredients** Calcium carbonate, Magnesium oxide, Microcrystalline cellulose (Bulking agent) (E460 (ii)), L-Ascorbic acid, Ginseng panax root extract, Carnitine L tartrate, Calcium carbonate (Colour) (E170), Iron fumarate, Green tea extract, Arginin, Zinc citrate, Nicotinamide, Tocopheryl acid succinate, Selenium methionine, Hydroxy propyl methyl cellulose (Glazing Agent) (E464), Magnesium stearate (Anti caking agent) (E470b), Silicon dioxide (Anti-caking agent) (E551), Copper gluconate, Calcium D-pantothenate, Bromelain, Betaine HCL, Lactase, Papain, Retinyl acetate, Manganese citrate, Iron oxide (Colour) (E172), Pyridoxine HCL, Glycerol (Humectant) (E422), Riboflavin, Thiamine Hydrochloride, Folic acid, Potassium Iodide, Sodium molybdate, Chromium chloride, Biotin, Beeswax (Glazing Agent) (E901), Cholecalciferol, Cyanocobalamin, Carnaubawax (Glazing Agent) (E903)

<b>Physical properties</b>	
<b>Safety</b>	Maximum allowed daily units (calculated in accordance to the Dutch law and Dutch branche organisations for foodsupplements (NPN) standards)
	1,0
	Average weight 1.250,0 mg
	Shape 19.8x8.8mm Oval
	Coating color Yellow
<b>Nutritional values</b>	Energetic value 258,01 kJ/100g
	Energetic value 61,61 kcal/100g



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Total carbohydrates	4,96 g/100g
Protein	2,81 g/100g
Total fats	0,76 g/100g

**Additional information**  
Not suitable for vegetarians

Without product specific stability tests no reliable information can be given about chemical, microbiological and galenical stability of the product; as no estimation of possible interactions between components of the product, influence of the packaging and the conditions on the market may be made with acceptable accuracy. The product will be produced and/or packaged according HACCP guideliness in an approved GMP facility.

Shelf life : To be filled in by customer : 24 months.

**Approved by Customer**

Date : 22/07/2020

Name : Szabina Pal

Signature



# Allergen overview

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Solipharma offers herewith an allergen overview for the above mentioned product.

List of allergens	Contains Allergen ?	Declaration on the label	Ingredient
Celery and products thereof.	No	No	not applicable
Cereals containing gluten an products thereof.	No	No	not applicable
Crustaceans and products thereof.	No	No	not applicable
Eggs and products thereof.	No	No	not applicable
Fish and products thereof.	No	No	not applicable
Lupin and products thereof.	No	No	not applicable
Maltodextrin from gluten containing cereals	No	No	not applicable
Milk and products thereof (including lactose).	No	No	not applicable
Molluscs and products thereof.	No	No	not applicable
Mustard and products thereof.	No	No	not applicable
Nuts and products thereof.	No	No	not applicable
Peanuts and products thereof.	No	No	not applicable
Sesame seeds and products thereof.	No	No	not applicable
Soybeans and products thereof.	No	No	not applicable
Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg.	No	No	not applicable

QA manager

